ABSTRACT OF THE DISCLOSURE

An image recording method, with which an image can be formed with excellent color clarity, color density, fixability, and so forth, and there is no image smearing, has:

a pretreatment step of causing a pretreatment liquid containing dipropylene glycol monopropyl ether and a cationic substance to adhere on a medium; and

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a recording step of forming, after the pretreatment step, an image on the medium by using an aqueous pigment ink containing a pigment and resin microparticles having a negative surface charge.